

# WORLD SQUASH DAY OCTOBER 12 2019

## FREE SQUASH TASTER SESSIONS

*The best game for fun and fitness - bring your friends & family members*

We're supporting the World Squash Federation's ambition to attract one million new squash players to the game over the next decade.

### TIMETABLE

09:00 - 10:00	Mini Squash ( <i>under 9s</i> )
10:00 - 11:00	Junior Squash ( <i>9 to 17 years</i> )
12:15 - 13:00	Squash 101 ( <i>beginners or casual players</i> )
13:15 - 14:00	Squash 57
15:00 - 17:00	Mixed doubles

ALL SESSIONS ARE OPEN TO EVERYONE  
Coaching & equipment provided.



For more details, contact  
**Kelly Eastment**  
07824 874746 or email  
[Kellysquash@hotmail.com](mailto:Kellysquash@hotmail.com)

ALL SESSIONS ARE  
**FREE**

THE  
WEST WORTHING

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